

MAY 2022 THRIVE Suffolk Calendar

For our most current information/updates, please visit www.THRIVELI.org

KEY: GREEN – IN-PERSON & ON ZOOM ORANGE – IN-PERSON ONLY BLUE - ZOOM ONLY

Underlined group names are clickable links

Back of calendar contains group descriptions and online meeting links!



1324 Motor Parkway, Hauppauge, NY 11749
631-822-3396

Mon-Thurs: 12pm – 8pm Fri: 12pm – 10pm
Sat: 2pm – 10pm Sun: 10am – 6pm

Activities/Events						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
<p>10:30am <u>Feel Good Yoga- Easy Flow</u></p> <p>12pm <u>Crafting</u></p> <p>2pm <u>Listening Lyrically</u></p> <p>3pm <u>Afternoon Movie</u></p>	<p>1pm <u>Weekday Affirmations</u></p> <p>5:30pm <u>Y12SR: Yoga of 12 Step Recovery *CALL TO PRE-REGISTER*</u></p> <p>6pm <u>LICADD Eating Dis. Group **</u></p> <p>6:30pm <u>The Sangha</u></p> <p>6:30pm <u>Overeaters Anonymous</u></p> <p>8pm <u>Emotional Sobriety</u></p>	<p>10am <u>Financial Literacy</u></p> <p>1pm <u>Weekday Affirmations</u></p> <p>2pm <u>Quiet Time</u></p> <p>6pm <u>Getting to Know Yourself</u></p> <p>7:30pm <u>LICADD Anger Mgmt.**</u></p>	<p>1pm <u>Weekday Affirmations</u></p> <p>2pm <u>Parenting Group</u></p> <p>3pm <u>Community Living Group</u></p> <p>5pm <u>Volunteer Meeting</u></p> <p>7pm <u>Men's Support Group</u></p> <p>7:15pm <u>Narcotics Anonymous</u></p> <p>7:30pm <u>CK Post Alumni Meeting</u></p>	<p>1pm <u>Weekday Affirmations</u></p> <p>6:30pm <u>Zen Meditation</u></p> <p>7pm <u>Virtual Narcan Training</u></p> <p>7pm <u>FIST Family Support Group</u></p> <p>8pm <u>Matching Calamity with Serenity</u></p>	<p>1pm <u>Weekday Affirmations</u></p> <p>2:30pm <u>Co-Dependents Anonymous - CoDA</u></p> <p>5pm <u>Dual Recovery</u></p> <p>6:30pm <u>Alcoholics Anonymous</u></p> <p>7:30pm <u>Voices of Empowerment</u></p>	<p>10am <u>LICADD Family Support Group</u></p> <p>3pm <u>Codependents & 12 Steps</u></p> <p>4:30pm <u>Emotions Anonymous</u></p> <p>6pm <u>Gathering of the Fellowship</u></p> <p>7:30pm <u>LIRA One Recovery Meeting</u></p>
8	9	10	11	12	13	14
<p>10:30am <u>Feel Good Yoga- Easy Flow</u></p> <p>12pm <u>Crafting</u></p> <p>2pm <u>Listening Lyrically</u></p> <p>3pm <u>Afternoon Movie</u></p>	<p>1pm <u>Weekday Affirmations</u></p> <p>5:30pm <u>Y12SR: Yoga of 12 Step Recovery *CALL TO PRE-REGISTER*</u></p> <p>6pm <u>LICADD Eating Dis. Group **</u></p> <p>6:30pm <u>The Sangha</u></p> <p>6:30pm <u>Overeaters Anonymous</u></p> <p>8pm <u>Emotional Sobriety</u></p>	<p>10am <u>Financial Literacy</u></p> <p>1pm <u>Weekday Affirmations</u></p> <p>2pm <u>Quiet Time</u></p> <p>6pm <u>Getting to Know Yourself</u></p> <p>7pm <u>Women's Support Group</u></p> <p>7pm <u>THRIVE University</u></p> <p>7:30pm <u>LICADD Anger Mgmt.**</u></p>	<p>1pm <u>Weekday Affirmations</u></p> <p>2pm <u>Parenting Group</u></p> <p>3pm <u>Community Living Group</u></p> <p>7pm <u>Men's Support Group</u></p> <p>7:15pm <u>Narcotics Anonymous</u></p>	<p>1pm <u>Weekday Affirmations</u></p> <p>5pm <u>Dwyer Project Veteran's Peer Support Group</u></p> <p>7pm <u>Virtual Narcan Training</u></p> <p>7pm <u>FIST Family Support Group</u></p> <p>8pm <u>Matching Calamity with Serenity</u></p>	<p>1pm <u>Weekday Affirmations</u></p> <p>2:30pm <u>Co-Dependents Anonymous - CoDA</u></p> <p>5pm <u>Dual Recovery</u></p> <p>6:30pm <u>Alcoholics Anonymous</u></p> <p>7:30pm <u>Friday Night Hangout: Gaming</u></p>	<p>10am <u>LICADD Family Support Group</u></p> <p>3pm <u>Codependents & 12 Steps</u></p> <p>4:30pm <u>Emotions Anonymous</u></p> <p>6pm <u>Gathering of the Fellowship</u></p> <p>7:30pm <u>LIRA One Recovery Meeting</u></p>
15	16	17	18	19	20	21
<p>10:30am <u>Feel Good Yoga- Easy Flow</u></p> <p>12pm <u>Crafting</u></p> <p>2pm <u>Listening Lyrically</u></p> <p>3pm <u>Afternoon Movie</u></p>	<p>1pm <u>Weekday Affirmations</u></p> <p>5:30pm <u>Y12SR: Yoga of 12 Step Recovery *CALL TO PRE-REGISTER*</u></p> <p>6pm <u>LICADD Eating Dis. Group **</u></p> <p>6:30pm <u>The Sangha</u></p> <p>6:30pm <u>Overeaters Anonymous</u></p> <p>8pm <u>Emotional Sobriety</u></p>	<p>10am <u>Financial Literacy</u></p> <p>1pm <u>Weekday Affirmations</u></p> <p>2pm <u>Quiet Time</u></p> <p>6pm <u>Getting to Know Yourself</u></p> <p>7pm <u>Women's Support Group</u></p> <p>7:30pm <u>LICADD Anger Mgmt.**</u></p>	<p>1pm <u>Weekday Affirmations</u></p> <p>2pm <u>Parenting Group</u></p> <p>3pm <u>Community Living Group</u></p> <p>5pm <u>Vision Team Meeting</u></p> <p>7pm <u>Men's Support Group</u></p> <p>7pm <u>Grief Support (Suicide and Overdose) *CALL MARY TO PRE-REGISTER- 516-302-6602*</u></p> <p>7:15pm <u>Narcotics Anonymous</u></p>	<p>1pm <u>Weekday Affirmations</u></p> <p>6:30pm <u>Zen Meditation</u></p> <p>7pm <u>Virtual Narcan Training</u></p> <p>7pm <u>FIST Family Support Group</u></p> <p>8pm <u>Matching Calamity with Serenity</u></p>	<p>1pm <u>Weekday Affirmations</u></p> <p>2:30pm <u>Co-Dependents Anonymous - CoDA</u></p> <p>5pm <u>Dual Recovery</u></p> <p>6:30pm <u>Alcoholics Anonymous</u></p> <p>7:30pm <u>Comfort Therapy Dogs</u></p>	<p>10am <u>LICADD Family Support Group</u></p> <p>3pm <u>Codependents & 12 Steps</u></p> <p>4:30pm <u>Emotions Anonymous</u></p> <p>6pm <u>Gathering of the Fellowship</u></p> <p>7:30pm <u>LIRA One Recovery Meeting</u></p>
22	23	24	25	26	27	28
<p>10:30am <u>Feel Good Yoga- Easy Flow</u></p> <p>12pm <u>Crafting</u></p> <p>2pm <u>Listening Lyrically</u></p> <p>3pm <u>Afternoon Movie</u></p>	<p>1pm <u>Weekday Affirmations</u></p> <p>5:30pm <u>Y12SR: Yoga of 12 Step Recovery *CALL TO PRE-REGISTER*</u></p> <p>6pm <u>LICADD Eating Dis. Group **</u></p> <p>6:30pm <u>The Sangha</u></p> <p>6:30pm <u>Overeaters Anonymous</u></p> <p>8pm <u>Emotional Sobriety</u></p>	<p>10am <u>Financial Literacy</u></p> <p>1pm <u>Weekday Affirmations</u></p> <p>2pm <u>Quiet Time</u></p> <p>6pm <u>Getting to Know Yourself</u></p> <p>7pm <u>Women's Support Group</u></p> <p>7:30pm <u>LICADD Anger Mgmt.**</u></p>	<p>1pm <u>Weekday Affirmations</u></p> <p>2pm <u>Parenting Group</u></p> <p>3pm <u>Community Living Group</u></p> <p>7pm <u>Men's Support Group</u></p> <p>7:15pm <u>Narcotics Anonymous</u></p>	<p>1pm <u>Weekday Affirmations</u></p> <p>5pm <u>Dwyer Project Veteran's Peer Support Group</u></p> <p>7pm <u>Virtual Narcan Training</u></p> <p>7pm <u>FIST Family Support Group</u></p> <p>8pm <u>Matching Calamity with Serenity</u></p>	<p>1pm <u>Weekday Affirmations</u></p> <p>2:30pm <u>Co-Dependents Anonymous – CoDA</u></p> <p>3pm <u>Introduction to Acces-VR</u></p> <p>5pm <u>Dual Recovery</u></p> <p>6:30pm <u>Alcoholics Anonymous</u></p> <p>7:30pm <u>Comfort Therapy Dogs</u></p>	<p>10am <u>LICADD Family Support Group</u></p> <p>3pm <u>Codependents & 12 Steps</u></p> <p>4:30pm <u>Emotions Anonymous</u></p> <p>6pm <u>Gathering of the Fellowship</u></p> <p>7:30pm <u>LIRA One Recovery Meeting</u></p>
29	30	31				
<p>10:30am <u>Feel Good Yoga- Easy Flow</u></p> <p>12pm <u>Crafting</u></p> <p>2pm <u>Listening Lyrically</u></p> <p>2pm <u>Resume Building</u></p> <p><u>Workshop *CALL TO PRE-REGISTER*</u></p> <p>3pm <u>Afternoon Movie</u></p>	<p>1pm <u>Weekday Affirmations</u></p> <p>5:30pm <u>Y12SR: Yoga of 12 Step Recovery *CALL TO PRE-REGISTER*</u></p> <p>6pm <u>LICADD Eating Dis. Group **</u></p> <p>6:30pm <u>The Sangha</u></p> <p>6:30pm <u>Overeater's Anonymous</u></p> <p>8pm <u>Emotional Sobriety</u></p>	<p>10am <u>Financial Literacy</u></p> <p>1pm <u>Weekday Affirmations</u></p> <p>2pm <u>Quiet Time</u></p> <p>6pm <u>Getting to Know Yourself</u></p> <p>7pm <u>Women's Support Group</u></p> <p>7:30pm <u>LICADD Anger Mgmt.**</u></p>				
<p>THRIVE'S Certified Recovery Peer Advocates are available to support YOU on your Recovery journey. Schedule with one of THRIVE'S Recovery Coaches today!</p>						

**LICADD program: Registration required. Please call Joanne at 631-979-1700. You can also follow us on Facebook @ <https://www.facebook.com/THRIVERecoverly/> & Instagram @[thrive_recovery](https://www.instagram.com/thrive_recovery)

